**SAND VOLLEYBALL**

4’s- Must have at least 1 female on the court.

6’s- 4 males and 2 females. Can play with 1 female but must play with 5 players. Playoffs must be played with 2 females.

Matches will be self-officiated. If you disagree with a call you must replay the point.

Side changes are made every 7 points during the sets.

Three games to 25 points. (Rally scoring)

The Serve: The server shall stand with both feet behind the rear boundary line. There are no restrictions as to how the ball may be served except that it must be clearly hit, not thrown or pushed. Side out is declared when a served ball hits the net and does not pass over

Carrying is not allowed. A carry generally is any use of an open hand(s) while contacting the ball that is not in a firm manner.

Players are not permitted to scoop, hold, or throw the ball. The ball must not visibly come to rest on the player’s hands, fingers, or any other part of the body.

Hitting the Ball - You can use any part of your body as long as it is not a carry.

Net Play: A player may reach under the net as long as he/she does not interfere with an opponent’s attempt to play the ball. A player may reach over the net to complete a spike which was begun on the player’s own side of the net. A player may never touch the net. A player may reach over the net to block, but not to interfere with the opposing team’s play.

Underneath the net - If player’s hand or foot remains in contact with plane of centerline it is legal, but if half or more is beyond the line it is a violation. If any other part of your body touches the opposing court, it is also a violation

Cannot reach over net to block a set.

Dink or Tip- A player can’t use their fingers to tip a ball across the net.

Back row players - cannot spike or run up to block at the net. If a back-row player wishes to spike a ball at the net, they must jump from their playing zone.